

KEY HIGHLIGHTS FROM 2017 – 2018

- Hosted the county-wide **Healthy Mendocino Summit**
- Created **Community Health Improvement Plan (CHIP)** report
- Developed new **Regional Chapters**: Ukiah/Calpella/Anderson Valley/ Hopland ♦ North Coast ♦ South Coast/Redwood Coast Willits ♦ Laytonville/Leggett ♦ Covelo/Round Valley
- Shared **Action Team** pages and updates through the website
- Provided **Announcements** for local health related events, classes, clinics, and trainings on the website
- Featured **local projects** on healthymendocino.org:



- **healthymendocino.org** increased users from **5,246** in 2016 to **9,268** in 2017
- **Featured articles** on Food Insecurity, the Opioid Epidemic, Affordable Housing, Point in Time Count, California Fires, Disaster Recovery Tools, and Building Resiliency
- **Needs Attention:** Adults Reporting Past Adverse Childhood Experiences (ACEs), **30.8%**. The California value is 16.7%



- **Improved:** Teens who Smoke **8.0%**, down from 17.0%



Funders: Adventist Health Howard Memorial, Adventist Health Ukiah Valley, ARCH, Anderson Valley Health Center, Community Development Commission, The Community Foundation of Mendocino, Consolidated Tribal Health, FIRST 5, MCAVN, HHSA, MCOE, NCO, Partnership Health Plan, RCS, RQMC, United Way of the Wine Country.

ACTION TEAMS: VISION FOR IMPROVEMENT

Childhood Obesity & Family Wellness

Promote activities that support healthy, active children and families and offer wide access to healthy food and safe recreational opportunities.

Childhood Trauma

All Children will have the support and opportunity to grow up in stable supportive families and families will have access to support in times of crisis.

Housing

Affordable, safe, appropriate housing for everyone in every income bracket.

Mental Health

Expand treatment and access to treatment, focusing on case management options and provide education to reduce stigma and increase awareness.

Poverty

High quality of life and economic sufficiency for all; entrepreneurship and wealth-creation opportunities; strong locally owned businesses; more and better jobs; empowerment combined with responsibility.



Our Mission: Healthy Mendocino works to improve quality of life in Mendocino County by encouraging informed dialogue about the actions local residents and organizations can take to improve community health.