



*What's  
New!*

February  
2014

## Feature Story

### Health Insurance: Affordable and accessible for residents in Mendocino County

by David Lavine

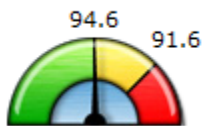


"As of January 1, 2014, the Affordable Care Act (ACA) made health care coverage available for the first time to millions of Californians. Of those individuals newly eligible for coverage, 640,000 to 1.0 million are predicted to newly enroll in Medi-Cal and 790,000 to 1.2 million are predicted to enroll with subsidies in the state-based exchange, Covered California. . ."

View the full article [here](#).

## Featured Indicator

### Children with Health Insurance



94.6% of children in Mendocino County have health insurance. The Healthy People 2020 goal is 100% - we are almost there! To see more about this indicator, click [here](#).

## Impact of Prenatal Alcohol Use Initiative Center

## Tell us what you think



Healthy Mendocino is conducting a user survey. Please take a moment to share your thoughts on the site and how we can make improvements. Please respond by February 14.

Click [here](#) to take the survey.

## Community Spotlight

If you have checked out the community center on the Healthy Mendocino site lately, you may have noticed the community spotlight section was recently added. This area highlights work that is being done in the community to improve health and well-being. This month we are highlighting the Volunteer Income Tax Assistance (VITA) program, which prepares taxes for low-income households. Learn more about the VITA program and share your vision for a thriving economy in Mendocino County on our Facebook page.

## Like us on Facebook



Healthy Mendocino now has over 50



Mendocino County has high rates of substance use during pregnancy which puts Mendocino County babies at a higher risk for Fetal Alcohol Spectrum Disorders. Healthy Mendocino joined with the Partnership for Healthy Babies to get the word out about the impact of prenatal substance use by launching the Impact of Prenatal Initiative Center in January. This new section on the Healthy Mendocino site offers information on Fetal Alcohol Spectrum Disorders, locally collected data on perinatal substance use, and links to resources for the community. Share the link with your friends and help spread the word about this hot topic for Mendocino County.

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likes on Facebook. Help us break the next milestone: 100 likes! [Visit now](#) and help spread the word.

## Community Calendar



Have you checked the community calendar lately? Stop by to find out more about health related events throughout Mendocino County. Help spread the word about healthy opportunities by submitting your own event.

This email was sent to you by [research@mendochildren.org](mailto:research@mendochildren.org).

As a subscriber of FIRST 5 Mendocino, we'll periodically send you information via e-mail. If you wish to discontinue receiving these types of e-mails, you may opt out by [clicking here](#).

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