

Advanced Motivational Interviewing Online Training Series

In these four 1.5-hrs. live online trainings, we'll examine and practice some of the most relevant skills & strategies of Motivational Interviewing. Bring your curiosity, thoughts, and funny bone!

Thursday 1:00 p.m.-2:30 p.m., April 23 - Part 1: The Art & Practice of MI Spirit

In this session, we'll discuss the importance of Spirit in Motivational Interviewing (MI); what we mean by Spirit; and what it has to do with our clinical work (here's a hint: it's the most important part of the work!). We'll also discuss the implication of learning MI and using our concept of Spirit with clients in this time of COVID19.

Thursday 1:00 p.m. to 2:30 p.m., April 30 – Part 2: The Language of Change: Change Talk, Sustain Talk, and Commitment Language

In this session we'll discuss how to “tune our ears” to what a client is saying “between the lines”; what to do when we hear these different parts of client language; and how to help clients talk about change.

Thursday, 1:00 p.m. to 2:30 p.m., May 7th -Part 3: Reframing Resistance: Rolling with Resistance and The Righting Reflex

In this session, we'll discuss the “inner social worker” that lives in each of us; how that can help our clients; and how it can cause problems for both the client and ourselves. Finally, we'll discuss ways to avoid & defuse both of these normal reactions and learn better ways to respond in order to assist clients and reduce burnout for us.

Thursday, 1:00 p.m. to 2:30 p.m. May 14th- Part 4: Case Conference: Cases & Questions

In this session, we'll discuss your cases and your questions about MI: when to use it, when not to, what skills or strategies might be best suited to certain topics or client challenges and more.

Online Trainings happening on Zoom meeting platform. Register separately for each training.

It is important to register for each training for that is how one will receive relevant information. To register please go to: <https://www.eventbrite.com/o/mcyp-17820922301>



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*Treat people as
if they are who
they can be &
you help them
become who
they're capable
of being-Goethe*

Helpful tips for Zoom webinars:

Before the Session:

- Zoom can be downloaded onto smart phones, but typically better on laptops
- Give yourself time to download Zoom prior to start time
- Check your connection (Ethernet is strongest if possible) before we begin (typically mobile hotspots and public access Wi-Fi don't have enough bandwidth for Zoom sessions)
- Make sure your video camera is operational
- Have phone number to call in as back up if you are having a hard time logging in
- Zoom login information and MI PowerPoint will be sent to all registered participants in an email a few days before webinar

To log into the Workshop:

- The Advanced Motivational Interviewing Zoom meeting ID number will be 693-301-7307 for all four workshops in this online training series
- The password for the first workshop on April 23rd will be *spirit*
- If you get 'Lost' and can't find meeting, go to Zoom.us. You can search for Zoom workshop by entering Deedee Stout's email, which is: deedeestoutconsulting@gmail.com and then enter the meeting ID # 693-301-7307. If you log in this way you will be sent to a 'waiting room' and Dee-dee will accept your request to enter the workshop

During the Session:

- Use your mic mute button when you are not speaking during the session
- There is a chat box feature and a place to raise your hand

For questions contact Aurelie Clivaz aclivaz@mcyp.org (707)489-1258

A friendly reminder that the Mendocino County Youth Project is able to provide evidence-based trainings through partnership with Mendocino County Health and Human Services/ Family and Children's Services, Title IV-E funding. This workshop is FREE only for Mendocino County for foster parents and helping professionals that work with youth in or at high risk of entering the foster system.

