

What's New!

September 2014

### September Feature Story

## Where Health Happens by Jayma Shields Spence

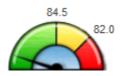


"Healthy Mendocino Editor's Note: The places people live and work, as well as their education level and access to resources all impact health outcomes. Having a strong community and support when people need it most can make a big difference in the health and well-being of children and families. This month learn how the Family Resource Network in Mendocino County makes a difference in health for our county..."

View the full article here.

### Featured Indicator

# Self-Reported General Health Assessment: Good or Better



89.2% of Mendocino County residents reported that they had good or better health. When people feel that they are in good health they are more likely to be happy and participate in community and social events. Learn more at HealthyMendocino.org.

#### Contact Us

### Community Health Needs Assessment



The Healthy Mendocino Steering Committee under the direction of the Health and Human Services Advisory Board has begun work on a collaborative needs assessment process.

The goal is to use the Healthy Mendocino website with additional data collection to provide a framework that the whole community can use in assessing health needs and planning strategies to improve community health.

If you are interested in participating in this process, or would like more information, contact Michelle Rich (<a href="mailto:mrich@ncoinc.org">mrich@ncoinc.org</a> or 707-467-3200 ext. 330).

### Top 10 Ways to Use Healthy Mendocino

- 1. Use the data in the Dashboard to better understand the issue.
- 2. Use Healthy Mendocino data in grant proposals and reports.
- 3. Find useful program ideas in the Promising Practices database.
- 4. Publicize an event in the Community Calendar.



For more information about Healthy Mendocino, or to schedule a presentation for your information, please contact the site administrator, Michelle Rich, at <a href="mailto:research@mendochildren.org">research@mendochildren.org</a>.

- 5. Suggest a feature story for the homepage.
- 6. Post a report in the Report Center.
- 7. Start or contribute to a discussion on the Healthy Mendocino Facebook page.
- 8. Design a research project using Healthy Mendocino data.
- 9. Create a project targeting an indicator with a meter in the red zone.
- 10. Help develop and promote Healthy Mendocino your community resource!

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