



# CHIP - Mental Health Action Team Minutes

## May 4, 2017

**Attendees:** Donna Moschetti, Jan McGourty, Jenine Miller, Lois Lockart, Sandy O’Ferrall, Thais Mazur, Tim Schraeder, Townley Saye, Libby Guthrie, Joseph Said, Shane Arndt, Sacramento Hernandez

	Discussion Item	Action
<b>I.</b>	<p><b>Welcome and Introductions:</b> Jenine Miller Co-Chair welcomed everyone, attendees introduced themselves.</p>	
<b>II.</b>	<p><b>Review and approval of Minutes:</b> Minutes were approved from the April 18, 2017 meeting as written.</p>	<p>Motion made by Jan McGourty and seconded by Karen Lovato, to approve the minutes from the April 18<sup>th</sup> 2017 meeting as written with a unanimous yay vote.</p>
<b>III.</b>	<p><b>Regular Meeting Schedule:</b></p> <ul style="list-style-type: none"> <li>• Jenine explained to the group why the meeting was moved from Conference Room 1 at the Dora St. building to Big Sur in the State St. building. We are trying to make arrangements to have the meeting by teleconferencing between the Fort Bragg, Willits and Ukiah offices so that people won’t have to travel to attend meetings. At this time Carolyn Peckham is working on getting the arrangements made. So hopefully the next meeting we will be set up with the teleconferencing equipment.</li> <li>• Jenine asked the group in attendance if the first Thursday of the month from 4:00 to 5:30 will work. The consensus of the group is to continue to meet at this time.</li> </ul>	<p>Carolyn will check into getting the Polycom arrangements set up.</p>
<b>IV.</b>	<p><b>Thais Mazur Information:</b></p> <ul style="list-style-type: none"> <li>• Thais Mazur announced that Healthy Mendocino has decided to have regional chapters. Healthy Mendocino will look at the overall needs of the county; the regional chapters will focus on the local needs in each community. Healthy Mendocino will publish a newsletter/report to report on what is going on and any goals and objectives that have been achieved in the various regional chapters.</li> <li>• Thais requested the agencies represented think about events they could do in the community as informational, outreach,</li> </ul>	

	<p>educational, or training event.</p> <ul style="list-style-type: none"> <li>• In the fall Health Mendocino will have a summit where all the chapters will come together to present what they have accomplished for the year.</li> <li>• There will be a place on the Health Mendocino website where people can go to get information and ask questions and communicate with other regional chapter.</li> <li>• Each regional Chapter will take on the different areas of focus (housing, mental health, etc.) that they think they can handle, so not all regions will have the same focus groups.</li> <li>• This is helping to set up the Fort Bragg regional chapter now; one of the focus groups they want to get going is housing.</li> <li>• The regional Chapters will align with Ukiah, Fort Bragg/Mendocino, South Coast, Round Valley, Willits/Laytonville areas.</li> <li>• This is suggested that the regional chapters create sub committees to discuss/investigate subject areas then report back to the larger group.</li> </ul>	
<p><b>V.</b></p>	<p><b>Goals:</b></p> <ul style="list-style-type: none"> <li>• Discussion of goals the group wants to focus on at this time. <ul style="list-style-type: none"> <li>○ Inventory of services, create a simplified message, and provide adequate education about services</li> <li>○ Increase awareness and evaluation of prevention activities</li> <li>○ Inventory and assess all levels of services</li> </ul> </li> </ul>	
<p><b>VI.</b></p>	<p><b>Follow up Assignments:</b>  <b>Assignments from last meeting:</b></p> <ul style="list-style-type: none"> <li>• Sandy O’Ferrall - Provided a pre-existing file from the Mendo Futures Group. The file had a mapping group and a fiscal group that had documented where funding came from. The information is from 2011/2012 so may not be very helpful, but is a place to start.</li> <li>• Carolyn will e-mail the information out to members of the CHIP - Mental Health Action Team (MHAT).</li> <li>• Will Van Zandt - Veterans information</li> <li>• Donna Moschetti - NAMI information – Donna stated NAMI offer family support groups in Laytonville, Ukiah, and Fort Bragg. They have peer to peer classes, family to family classes and peer support groups all peer lead.</li> <li>• TAY trained facilitators Johnny and Trenton will be starting on May 9<sup>th</sup> with a support group.</li> <li>• Townley Saye - Survey Monkey survey to evaluate services. Townley reviewed the information she is putting together for the survey. It is what she thought would be important for consumers to know. She thought it would be good to have a</li> </ul>	<p>Carolyn will send out the information provided by Sandy.</p> <p>Townley will forward edited survey to Carolyn.</p>

	<p>link on Healthy Mendocino for people to access. Townley asked for members to edit survey and she will update it and add the Healthy Mendocino logo.</p> <ul style="list-style-type: none"> <li>○ Thais asked if we had set a date to get the survey completed, Jenine stated not yet, but will be going forward with one.</li> <li>○ The group requested Townley complete her edits to the survey and forward it to Carolyn. Carolyn will forward the survey to our stakeholders.</li> </ul> <ul style="list-style-type: none"> <li>● Jenine - will provide a provider list – Jenine handed out the provider list that is handed out to consumers by the county and their providers. She explained the way the brochure is set up. The brochure does not list 100% of the services that are provided in the county.</li> </ul> <p><b>New Assignments for follow up:</b></p> <ul style="list-style-type: none"> <li>● Sandy will send contact information to Carolyn for hospital staff members to join the team.</li> <li>● Jenine will check with Karen regarding the MOU with ARCH.</li> <li>● Tim Schraeder will send some contact information to Carolyn.</li> <li>● Sandy will follow up with the Hospital Protocol to bring to the next meeting.</li> <li>● Tim - will provide a list of services offered by their providers.</li> </ul>	<p>Carolyn will send Townley the Healthy Mendocino logo.</p>
<p><b>VII.</b></p>	<p><b>RQMC Website:</b></p> <ul style="list-style-type: none"> <li>● Tim announced that RQMC has created a new website. To access the website go to: <a href="http://redwoodqualitymangementco.com">redwoodqualitymangementco.com</a></li> </ul>	
	<p><b>TAY Consumer Input:</b></p> <ul style="list-style-type: none"> <li>● Tim asked the TAY consumers in attendance at this meeting if they have any ideas of where they think mental health should focus and what they think is missing for services.</li> <li>● Joe would like to have things simplified to help consumers understand what’s going on in the community and with mental health services so they can form an opinion and be able to offer some ideas and opinions of their own.</li> <li>● Jenine is thinking perhaps of providing a list of what services are offered in a simpler format.</li> <li>● Thais talked about what the Healthy Mendocino group is trying to do - hopefully all the agencies will come out of their silos and create a better network to get information out.</li> <li>● Townley discussed ways that people get information and talked about how much she appreciates the young people coming to the meeting and offering some opinions about what would make mental health more accessible.</li> <li>● Joe commented that he and most TAY consumers wants some way to get in touch with what is familiar and be comfortable</li> </ul>	

Approved with corrections 6/1/17

	<p>talking to people.</p> <ul style="list-style-type: none"><li>• Shane stated he agrees with what Joe stated that much of the information is not easily understood.</li></ul>	
<b>VIII.</b>	<p><b>Next Meeting Date:</b> June 1, 2017 from 4 to 5:30 is the projected date.</p>	