

# CHIP - Mental Health Action Team Minutes



June 1, 2017

**Attendees:** Donna Moschetti, Joseph Said, Lois Lockart, Sacramento Hernandez, Shane Arndt, Townley Saye, Barbara Reber, Carol Mordhorst, Carolyn Peckham

Discussion Item	Actions
<p><b>1. Welcome and Introductions:</b></p> <ul style="list-style-type: none"> <li>Barbara Reber introduced herself and explained she was facilitating the meeting as neither Jenine nor Jan could attend.</li> <li>All members present introduced themselves.</li> </ul>	
<p><b>2. Review and approval of May 4, 2017 Minutes:</b></p> <ul style="list-style-type: none"> <li>Donna requested an edit on item V, 4<sup>th</sup> bullet point.</li> <li>Sandy requested clarification on item VI, New Assignments for Follow up: first bullet point.</li> <li>Members in attendance asked to have attendees listed on the minutes.</li> <li>Minutes approved unanimously with corrections by members present.</li> </ul>	<p>Carolyn will make corrections as requested.</p>
<p><b>3. Regular Meeting Schedule:</b></p> <ul style="list-style-type: none"> <li>Discussion of changing the meetings to the first Monday of the month as the meeting rooms are not available on the first Thursday of the month at all three locations (Ukiah, Willits and Fort Bragg) to use the PolyCom. The idea being that more people could participate if they didn't have to travel.</li> <li>Members present voted to have the July meeting on the first Thursday as the first Monday is a holiday for some members.                             <ul style="list-style-type: none"> <li>The PolyCom will not be used for the July meeting.</li> </ul> </li> <li>Beginning the first Monday in August we should be able to use the PolyCom for the meetings.</li> <li>Members present voted unanimously to change meeting days to the first Monday of the month from 4:00 to 5:30.</li> </ul>	<p>Carolyn will schedule and reserve the conference rooms in two locations.</p>
<p><b>4. Goals:</b></p> <ul style="list-style-type: none"> <li>Inventory of services, create a simplified message, and provide adequate education about services.                             <ul style="list-style-type: none"> <li>Carol Mordhorst commented that a previous group had</li> </ul> </li> </ul>	

	<p>come up with a model of the mental health services in the county. Discussion of the information from the previous group’s model and information. The idea was a “Triangle”, Carol thought the group should look at it to see if the information was correct and not focus totally on the SMH.</p> <ul style="list-style-type: none"> <li>○ There were formatting problems with the “Triangle” model.</li> <li>○ Carol or Sandy will e-mail the information to Carolyn.</li> <li>○ Discussion of what the goal meant as written by this team: to have information readily available on a website, something that is user friendly, easy to read and access.</li> <li>○ Joe asked when the team members would be able to see the model. No projected date at this time.</li> </ul> <ul style="list-style-type: none"> <li>● It was suggested to add a goal to adopt a model to use for collecting and getting information.</li> <li>● Increase awareness and evaluation of prevention activities.             <ul style="list-style-type: none"> <li>○ Townely suggested the team ask Debra Lee to come give a presentation to the members regarding ideas on how to proceed.</li> <li>○ Donna will ask Jan if she would contact Debra and set up a presentation.</li> </ul> </li> <li>● Inventory and assess all levels of services.             <ul style="list-style-type: none"> <li>○ Discussion of what is meant by the goal as written.</li> <li>○ Townley has the Survey Monkey to present with the edits from the last meeting.</li> <li>○ Townley would like to have the survey sent out to a few stakeholders as a test to see if the drop downs are appropriate.</li> <li>○ Carol Mordhorst had some suggested edits for the survey.</li> <li>○ Discussion on what edits still need to be made.</li> <li>○ Townley will make some edits and send the survey to Carolyn to send to Donna, Sandy and Carol to do the testing and to give feedback on how efficient they thought the survey was.</li> <li>○ Once the survey is correct it will be sent to the CHIP Stakeholders and other agencies and tribes to get as much information as possible. The team should start compiling an e-mail list of who they think should get the survey.</li> </ul> </li> </ul>	
<p><b>5.</b></p>	<p><b>Other Topics of Discussion:</b>  <b>MHSA Housing Project:</b></p> <ul style="list-style-type: none"> <li>● Discussion regarding the outcome of the MHSA Housing Project on Gobbi Street in Ukiah meeting with Ukiah Planning</li> </ul>	

	<p>Commission May 31<sup>st</sup>.</p> <ul style="list-style-type: none"> <li>As there was no one to report on the outcome, Barbara stated that she was told the meeting was a success and the Ukiah Planning Commission unanimously approved the housing project.</li> </ul> <p><b>Peer Support Training Hosted by Manzanita:</b></p> <ul style="list-style-type: none"> <li>Discussion of a regional training hosted by Manzanita regarding peer support. Many counties were represented and the event was well attended.</li> <li>Lots of good information and resources available.</li> <li>Carol stated the State wants to work on getting a peer support certification process.</li> <li>Lois commented on the need for a peer support system and the clarification that comes from it.</li> </ul> <p><b>Care Givers:</b></p> <ul style="list-style-type: none"> <li>Lois commented on the help she got from the NAMI training for care givers. She feels the care givers are a wealth of information and should not be over looked as a resource. There is no “right” way; each household and individual is different. Lois would like to see care givers get more support.</li> <li>Donna commented that everything NAMI does is either family or peer support.</li> </ul> <p><b>CHIP- Mental Health Action Team Members:</b></p> <ul style="list-style-type: none"> <li>Carol talked to some of the ARCH clinic folks about getting more people to attend the CHIP- Mental Health Action Team meetings.</li> <li>Lois and Jan met with the Consolidated Tribal Health Director; he is very interested in joining the CHIP- Mental Health Action Team meetings.</li> </ul> <p><b>Training Opportunity:</b></p> <ul style="list-style-type: none"> <li>Townley commented there will be an educational training in Sacramento July 11<sup>th</sup>. She will send a link to anyone that is interested.</li> </ul> <p><b>Whole Person Care Grant:</b></p> <ul style="list-style-type: none"> <li>Carol asked if anyone knew if the County got the Whole Person Care Grant.             <ul style="list-style-type: none"> <li>No one was in attendance to answer the question.</li> </ul> </li> </ul>	
<p>6.</p>	<p><b>Follow up Assignments:</b></p> <p><b>Assignments from previous meetings:</b></p> <ul style="list-style-type: none"> <li>Will Van Zandt - Veterans information             <ul style="list-style-type: none"> <li>Will was not in attendance so no information available at this time.</li> </ul> </li> </ul>	

	<ul style="list-style-type: none"><li>• Townley Saye - Survey Monkey survey update.<ul style="list-style-type: none"><li>○ Townley presented the survey and updates, see item 4 for details.</li></ul></li><li>• Jenine Miller - ARCH MOU information.<ul style="list-style-type: none"><li>○ Jenine was not able to attend so no information available at this time.</li><li>○ Carol commented that the ARCH MOU information was distributed to the clinics last week. The comments from the clinics will be sent back to the county by next week.</li></ul></li></ul> <p><b>New Assignments:</b></p> <ul style="list-style-type: none"><li>• Donna Moschetti will ask Jan to contact Debra Lee to set up a presentation to the team.</li><li>• Townley Saye will make new edits to the Survey Monkey and send the edited copy to Carolyn to distribute for testing.</li></ul>	
<b>7.</b>	<p><b>Next Meeting Date:</b></p> <ul style="list-style-type: none"><li>• Thursday, July 6<sup>th</sup> from 4:00 to 5:30 in the Big Sur Conference Room - no PolyCom.</li><li>• Monday, August 7<sup>th</sup> from 4:00 to 5:30 utilizing the PolyCom to connect Fort Bragg, Willits and Ukiah.</li></ul>	