

**Childhood Obesity and Family Wellness  
Community Health Improvement Plan Action Team**

November 6, 2017  
1 pm - 2:30

**Agenda**

**Welcome and Introductions**

**Announcements**

**Review of Minutes 10/2/17**

**Follow-up:**

Workplace Wellness reports

**SMART Goals:**

1. By December 31, 2020, increase the number of 7<sup>th</sup> grade students who are physically fit from 59.7% to 63% county wide. (Aerobic Capacity)
2. By December 31, 2020, increase the number of 5<sup>th</sup> grade students who are in the Healthy Fitness Zone for weight from 52.3% to 56%. (Body Composition)
3. By December 31, 2020, implement workplace environmental change to promote nutrition and healthy weight in 75% of businesses surveyed.

**Sub-committee Updates:**

**Up-Coming: January 2018, County Wide CHIP meeting**

**For Next Meeting: Monday, December 4, 2017**