

**Childhood Obesity and Family Wellness
Community Health Improvement Plan Action Team
December 4, 2017
1 pm - 2:30**

Agenda

Welcome and Introductions

Announcements

Review of Minutes 11/6/17

Follow-up:

Give away items for youth Basketball League Picture Day

Sub-committee Updates:

None

Up-Coming: Healthy Mendocino Project Summit, Early 2018

For Next Meeting: Up for discussion

By December 31, 2020, increase the number of 7th grade students who are physically fit from 59.7% to 63% county wide. (Aerobic Capacity)

By December 31, 2020, increase the number of 5th grade students who are in the Healthy Fitness Zone for weight from 52.3% to 56%. (Body Composition)

By December 31, 2020, decrease the percentage of adults who are obese from 23.5% to 21%.