

Childhood Obesity/Family Wellness Meeting Notes

May 1, 2017

Attendees: Tiffany Gibson, Tarney Sheldon, Julie Webb, Eileen Nunez, Holly Ordinans, April Cunningham, Car Mun Kok, Jessica Martinez, Heather Criss, Doreen Blumenthal, Neil Davis.

- 1) Kids Triathlon – general, detailed planning discussion re Kids Triathlon. Event is scheduled for July 22 in Ukiah and one week later in Fort Bragg. City of Ukiah staff to control swim. Walk & Bike to control bike. Looking for someone to control the run. **Additional Tri specific meeting to be held in two weeks. May 15th at 1PM at the Todd Grove Pool.** Julie, could you please send an email with a “to do” list for each of the people who volunteered to follow up on specific things in the next two weeks?
- 2) Willits Kids Club and Family Fair – May 12th 3:30 – 7PM. Doreen reports that event is set up. Let her know if you have questions. She has a very detailed FAQ sheet for all who want to participate.
- 3) Communication – Our original team identified communication as a key goal for the group. This includes communication between CHOW team members and communication with the general public. Brief discussion of next steps. Agreed we should make another attempt at using the SMART Sheets that HHSA has available. Heather will do an in-service at our next meeting and provide us all with a homework assignment to help us reinforce the lesson. Please bring ideas for communicating with general public to next meeting.

Next meeting; First Monday of June 5th 1PM at NCO