

10-16-2017 - MHAT - Coast

Present: Lisa Larimer Burtis, Lynne Bornheim, Kristina Harju
Not Here: Erika Malsom, Meryl Schlingheyde, Thais Mazur

Lisa provided update on Polycom: Carolyn Peckham provided information via email regarding joining the inland team meeting via polycom. Due to staff constraints, polycom to the inland MHAT meeting that it occurs normally on the first Monday of each month from 4-5:30, will not be available until further notice.

People attending the summit on 10/25: Kristina, Lisa, (will carpool)

Team discussed building the team – possible participants: The County MHSA team has a focus on suicide prevention. Robin Maloche, and Karen Lovato are key contacts; Sarah Livingston is the Program Manager for Redwood Community Crisis Centers; SUDT (any participation would be welcomed); Susan Bridge-Mount guides the Senior Peer-Counseling program through the Redwood Coast Senior Center; Mendocino Coast District Hospital Chaplain’s Program (Sally Swan or Lin Taylor); Law Enforcement (MCSO/FBPD), County APS (Lynette Mitchell?), ER or hospital staff (?); Schools including FBUSD and MUSD and Point Arena(?) school rep; families of suicide victims; NAMI; Community business community including beauticians, bartenders, maids, store clerks, bank tellers, chamber of commerce, state parks, West co.

Team discussed ideas for get word out: Whole community education, public service announcements, interviews, pamphlets to hand out, cards,

Discussed goal of group: We need to focus on coming up with viable objectives for a “Just Ask” campaign

Draft Goals for the Coast MHAT include:

- | | |
|--------------|--|
| Goal #1: | Reduce Suicide Rates in the County over the next 3 years |
| Objectives: | Agency and Public driven education. Outreach will be done in schools, senior center, other pertinent organizations. (repetitive and different message) |
| Measurement: | Educating 2% of population [need to define area] in suicide prevention. (2% of seniors, students) |
| Goal #2: | Increase continuum of behavioral health services (including SUDT, MH) |

Objectives: Training service workers; Opening Healing center on main; Regional coordination of services;

Measurement: Might be regionally generated. # of services now - Increase by 4%

Other possible goals:

Reduce impact on ER by reducing # patients who need psychiatric hospitalization.
Reduce psychiatric ER encounters
Influence policy making, advocating for mental health services
California primary care association (California Health Plus)
Increase outreach to middle-school and high school suicide prevention by 30%

Action Items:

Lynne: Will reserve MCC meeting room if needed.
Lisa, Lynne, Kristina: Outreach to folks identified
Kristina: FBPD
Lynne: APS
Lisa: County, crisis, Susan b-m, sally (chaplains/ems)
Kristina (Erika): school
Lisa: NAMI
Lynne: families of suicide victims/grief and loss group
Lynne: chamber of commerce
Kristina: west company (marketing support)

Next Meeting - November 13 3:30-4:30 @ MCC (2nd week due to thanksgiving holiday)