

North Coast Mental Health Action Team  
2/27/2018

### Minutes

Lisa Burtis from RCS announced that she needs to take a hiatus from the group for 6-8 weeks to catch up on work commitments. She will most likely return in April or May. Thaïs will represent the team at the Healthy Mendocino Summit.

Explored collaborations with other agencies regarding suicide prevention campaign. Suicide prevention month is October.

Reviewed goals/objectives/measurements.

Schools have to have a plan in place for September by state law and passed an Assembly Bill 2246 beginning 2017-18 school year for students 7-12th grade. that standardized what schools have to do for suicide prevention education. The action team should check in with schools to see if they are following these guidelines. Also find out if schools have joined in Directing Change campaign and then show the top 3 films – “increase the chatter.”

Looking at early interventions and see what the county has in place: for instance for at risk new mothers program – Healthy Families Mendocino County. Public Healthy 707-472-2600 for referrals.

Education of community members regarding suicide prevention.

Public Relations: Articles, spot at the movie theater, and local TV for anti-suicide ads. Gathering narratives in the community: Support people to tell stories about their situations.

Homework: Recruitment for new members for the Action Team – reach out to NAMI meet the first Thursday of the month at the Saint Michaels. Thaïs will check in with schools regarding Directing Change.

Next Meeting: 4pm March 27<sup>th</sup> at Healing Center on Main.