



## North Coast Mental Health Action Team Minutes Tuesday, June 18, 2019 – 5:30PM-7PM

Present: Lisa Larimer Burtis, Molly Rosenthal, Richard Mack

Absent: Tammy Davis, Dan Gjerde, Vanessa Goertzen, Janet Self, Meryl Schlingheyde, Sally Swan, Cynthia Wall, Tanya Wyldflower, Kianna Zielesch, Geri Morisky, Thaïs Mazur, Frank Menhams

Meeting Commence: 5:40PM

Lisa and Molly gave an update on the activities of the Trauma team and the Community Resilience Leadership (CRL) Initiative. The CRL team is hosting Eric Barreras on July 15<sup>th</sup> and 16<sup>th</sup>, who will be giving two presentations—a public forum and a training for law enforcement and first responders—on understanding the trauma response and how to effectively interrupt sexual aggression and domestic violence using a trauma-informed lens. The last CRL forum for 2019 will be held in September. A speaker has been identified. More members of the Mental Health team are welcome to join the Trauma team to help coordinate. Rich said he may have a group that's able to help.

The team looked at the Mental Health Services Act 3-year program and expenditures plan for FY 17-20 and Richard inquired why this plan has not been adopted.

Molly talked about the transitions taking place in the new CHNA cycle. The Healthy Mendocino 5 priority areas will be narrowed down to 3. The organization's leadership and staff has decided that in order to be successful we must narrow the focus and go deep. Using evidence-based best practices, specific initiatives tailored to our unique county will be identified for each priority area. We will not know until October at the earliest which of the 5 priority areas will remain—however if a priority area is cut from Healthy Mendocino's purview, that does not mean the work being done in that area has to cease.

Lisa and Molly discussed recruitment options for the Mental Health team given the uncertainty the next 6 months. It was decided that the team should identify a specific time-bound project to address the remaining goal (see below) of this CHNA cycle and recruit people just to help with specific elements of the project(s), as opposed to recruiting to join the larger group at this time.

**Goal 1:** Increase outreach to the regional middle-school and high school suicide prevention programs and literature by 30% by July 2020

AB-2246 is legislation that mandates schools provide suicide prevention outreach in 7<sup>th</sup>-12<sup>th</sup> grade. There have been 2 full school years since this legislation was adopted. The team decided to compose an article for the Advocate about this legislation and explaining how it has been enacted locally. This would require the team to call local schools and find out what programs for suicide prevention they have established or augmented in the last 2 years and whether the schools feel these programs have made an impact. This article does not directly fulfil the goal stated above, but the information gathered from this activity will be essential for the next steps. The information collected can be built upon if Mental Health remains a priority area in the new cycle, and will help the team identify gaps when creating a strategy for improving and expanding suicide prevention outreach in schools. The team is timing the article to be published in September, Suicide Prevention Month.

Lisa is interested in getting involved with MHSA's Suicide Prevention traveling exhibit in September. She would like to hold QPR trainings at the exhibit to provide the community some tools. She would also like the team to help with outreach for the exhibit.

Possible future project identified: Peer-to-peer training for suicide prevention

Options for a new meeting spot were discussed. Richard suggested the Fort Bragg Library, which is open until 7PM on Tuesdays.

**Action Items:**

Formulate interview questions for schools - Molly & Lisa

Get in touch with Robin, MHSA coordinator, to get the team involved in the exhibit-Lisa

Call Library - Molly

Meeting adjourned.

Next meeting Tuesday July 30<sup>th</sup> 5:30PM—Location TBD

*Respectfully Submitted by Molly Rosenthal, Healthy Mendocino*