

North Coast Mental Health Action Team
June 25, 2018

Present: Frank McMannis, Lisa Burtis, Thaïs Mazur
Minutes

Talked about a recruitment for the team by reaching out through a list of local providers.

Discussed North Coast suicide campaign. Looking into funding, possible a Healthy Mendocino grant, to fund the suicide prevention campaign and situation regarding suicide and services on the north coast. Idea to train community members to talk to people, either those they know or those they don't know.

The National Night Out: Police officers will talk about awareness for safe neighborhoods, raffles, potlucks, and so on. This would be a similar community effort for people who may be suffering from depression. If we don't lay eyes on our community we are not supporting them through a time of need.

Reviewed Applied Suicide Intervention Skills Training (ASIST) is a model for a two-day, two-trainer, workshop designed for members of all care giving groups. Family, friends, and other community members may be the first to talk to a person that may be suicidal. Look at on-line trainings for north coast community. We need to locate Spanish speaking trainings.

Frank has been trained in suicide hotline training.

Report Out from last minute:

- Lisa passed on statistics to Patrice
- Sent out emails for first responders to join the team
- Will be an ASIST training July in Ukiah and October on the coast for anyone
- Can travel out of state to be trained to offer ASIST – we may want to offer a training in spring 2019
- Lisa talked to school district about AB2246 – waiting to hear back and it will most likely be August
- Lisa writing an article

For Next Meeting:

- Get schools to do a proclamation for suicide prevention
- Go on sprc.org and look at the training
- Thaïs – Look at models for community participation in suicide prevention. Share with team. Reach out to private providers to join team.
- Lisa – look for trainings in Spanish
- Thaïs – will follow up with art mural makers
- Thaïs – will continue to pursue filmmaking in schools and entries to Mendocino Film Festival

- Lisa - Look in to MTC producing a play about suicide and have audience talks afterward
- Lisa – Craft a PSA for suicide prevention month September and Mendocino TV folks

Next meeting July 31st 5:00pm at Healing Center on Main St in Fort Bragg