

## Minutes for the Childhood Trauma Group in Fort Bragg

8/14/2017 @6:00 PM

Present: Brel Froebe; Sharlene Stenberg ([sstenberg@mccinc.org](mailto:sstenberg@mccinc.org)); Peter Burtis; Roseanne Ibarra; Yadi Sanchez; Thais Mazur

Thais announced that the **Big Summit Action Team** on October 25<sup>th</sup> @9:30-12:30 at the Willits City Hall. Regional Action Teams will be getting together and sharing ideas, plans and accomplishments. Folks are encouraged to attend.

It was decided that the second Monday of the month, each month, at 6:00 will be the times and days of ongoing meetings.

Thais announced that Patrice Muscalo is the individual who manages the website for Healthy Mendocino.

There was some review of the discussion that took place at the last meeting on July 11<sup>th</sup>.

Brel announce that Redwood Community Services might provide a mentorship program for Native-American children.

Brel shared that there are instructional programs taking place at the Noyo/Shelter Cove continuation school site.

Yadi spoke of one; **Upward-bound**, and shared how it is identified as an excellent model for a mentorship program. As she shared about it, Thais remarked about how it would be an article-worthy story.

Thais also shared about **P**revention-**I**ntervention-**E**ducation or PIE as a framework for addressing childhood trauma in the community.

The **Champions Project** was also discussed, in which a volunteer (Champion) is paired with an identified family.

There's also a TED Talk with Dr. Nadine Burke-Harris, M.D. and her work on understanding just how childhood trauma can affect life-long health. This was highly recommended.

Next meeting will be September 11<sup>th</sup> @ 6:00 PM at the RCS/BHS office-32670 Highway 20. Peter volunteered to facilitate that meeting. The PIE framework will be discussed more in-depth that day.

Submitted by: Peter Burtis

