

9/11/2017 - MHAT - Coast

Present: Meryl Schlingheyde, Thais Mazur, Lisa Larimer Burtis

Not here: Kristina Harju, Erika Malsom, Lynne Bornheim

Thais provided a Community Health Improvement Plan (CHIP) orientation.

In 2011, the Community health needs assessment (CHNA) was created through a collaborative effort of several agencies (community foundation, NCO, UVMC, First 5, etc.). Five areas were identified. Regions were developed based on input from the communities. Now, it's time to complete the community health improvement plan (CHIP). The plan needs to reflect Goals, objectives, and measurements. If you look on line, there are several counties throughout the United States have used this assessment, created plans and are 'moving the dial.' In Ukiah, their task was to come up with goals, objectives, and measurements. In three years, we'll then go back and look at the measurements and determine success.

Goal of Group: We need to focus on coming up with viable objectives

Draft Goals for the Coast MHAT include:

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| Goal #1: | Reduce Suicide Rates in the County over the next 3 years |
| Objectives: | Agency and Public driven education. Outreach will be done in schools, senior center, other pertinent organizations. |
| Measurement: | Educating 2% of population [need to define area] in suicide prevention. |
| Goal #2: | Increase continuum of behavioral health services (including SUDT, MH) |
| Objectives: | Training service workers; Opening healthy living center; Regional coordination of services; |
| Measurement: | Might be regionally generated. # of services now - Increase by ??? |

Other possible goals:

- Reduce impact on ER by reducing # patients who need psychiatric hospitalization.
- Reduce psychiatric ER encounters
- Influence policy making, advocating for mental health services
- California primary care association (California Health Plus)

Andy Wellspring (SONAR and Social Studies Teacher at MHS- awellspring@mendocinoused.org) completed a video on homelessness in Berkeley. He is potential a fabulous resource for us.

General Updates

Summit - October - outcome of the Summit is over arcing goals and objectives

Thais provided an update on other Teams - Childhood Trauma, Poverty groups are going; housing team is on fire - 38 people, 4 sub-committees; Ukiah is moving along. The MHAT-Ukiah team keeps getting off track due to transitioning leadership. Housing and Poverty Teams are moving ahead. Childhood obesity/family wellness and childhood trauma (Megan Van Zant, Sharon Hildebran) working on ACES.

Action Item:

Lisa: Email Carolyn Peckham regarding joining the Polycom meeting for next month, preferably prior to the Summit. We want to present our three goals at the meeting.

Lisa: Email Carolyn - when is next polycom meeting.

Meryl: Will reserve MCC meeting room if needed.

Outreach to folks identified

Coming to summit with goals and objectives, each region will determine their how they are going to achieve the objectives.

Next Meeting - October 16th 3:30-4:30 @ MCC, then field trip (I think we were going to join the polycom? – but that is not happening.)