



Healthy Mendocino Trauma Action Meeting – January 14, 2019

Present: Thais Mazur, Lia Holbrook, Lisa Burtis, Jade Aldrich, Peter Burtis, Alex O'Malley, David Harr, Sharlene Stenberg.

Updates:

Jade announced that it's Positive Parenting Month and parenting classes are being offered.

Lisa announced that Patty Breed is leading art with clients at the Healing Center.

David has missed some of our meetings due to family issues, but they are resolving.

Summit:

Thais let us know that the Trauma Action Team has been awarded \$5000 to be used toward speakers, facility rental, and public relations. Thanks to Lisa for writing the proposal. We're the first Action Team to be funded. First Five is paying (in full) for the April Summit speaker.

Elaine Miller-Karas will speak in the morning and again in the afternoon.

There again was discussion of police buy-in and involvement. Lia will get an idea of budget needs for Eric Barreras, who is experienced in speaking about trauma with police audiences. Several present are concerned the police won't attend the April Summit and want to know how we can address this concern. Thais has talked with the police chief and says he is really behind the Summit idea. Lia mentioned that Eric Barreras can be a speaker at an in-service training in May or June. Lisa mentioned we should try office in service opportunities that work with trainings already happening in specific disciplines. Jade would like to see first responders and fire fighters included with the police grouping.

Thais reminded us that the Summit is the "kick off" that will lead to in-service speakers and community conversations. Lisa summarized: there will be three in-service events in a year, use community practice groups to bring the information into the professional community and make new connections. Thais asked Lia to find out what the police staff will respond to best, and Wade to find out what the medical staff will respond to best.

Further group discussion of format, who should be included.

Lisa reminded us to go back to what the point of the Summit is. Peter stated we want a common trauma informed language and to create practice communities. We need to present the reason for why the Summit and further trainings/ discussion groups will help the professionals. Jade commented that we need to be sure we don't duplicate any other trainings. Lia will work on creating a calendar with all known professional trainings that are scheduled.

Thais has spoken with the City Manager, who has expressed interest and support. Thais would like to speak with the City Council and invite them to the Summit.

Sub Committees:

PR/Social Media-Thais, Alex, Lisa Chair-Alex

Outreach/Co-ordination for Attendees-Wade, Lisa, Thais Chair-Lia

Details of the Day-Thais, Jade, David, Peter, Sharlene Chair-Peter

In-services throughout the year-David, Lisa, Thais Chair-David

Lia suggested each sub committee list their "duties" so we make sure no group is duplicating duties. Jade suggested that all written material should be reviewed by the Trauma Action Team before being released. David can help with any graphic designs. Lia will attend the In-service meetings when it is dealing with the police speaker. Each group should meet every week or every other week, and report decisions/ideas to Trauma group.

Summit Agenda: Thais will resend her email.

Friday pm is the movie showing

Saturday: Morning: check-in, assign seating for community practices groups

MC introduction

Speaker-Elaine 1 ½ - 2 hours

3 times throughout lecture, 6 minutes to discuss information with person next to you

Lunch

Speaker-Elaine

3 times throughout lecture, 6 minutes to discuss information with person next to you

MC introduces the way the small groups will work

There will be 3 questions for each group to discuss

Send off

Next Trauma Action meeting Jan. 28, 2019, 6pm at RCS.

Notes Submitted by Sharlene Stenberg

